**Field Hockey wins two at Gettysburg**

By Danielle Steckly  
Staff Writer

The women’s field hockey team traveled to Pennsylvania last weekend, and added two more wins to their record, with victories over Gettysburg College and Dickinson College.

In Gettysburg, on Friday, Kristin Moyer led the offense with three goals, and freshman Kata Moyer, contributing one, to defeat Gettysburg four to two. Lisa Elst and Molly Harrington each had one assist. Substitute goal keeper, Katie Moyer allowed just two goals forEMU’s offense. EMU’s aggressive play for two seasons at the defense of Gettysburg; in the first period alone, there were nine shots on goal. The Royals fairing well against Gettysburg, and went Saturday’s match against Dickinson College fresh from their victory. EMU and Dickinson College played a closely matched game that remained scoreless until sophomore, Ashley Byler took an open shot on the Dickinson goal and scored the solitary goal of the game, during the first period of overtime. Kristie Souder received the games only assist, with Byler’s goal. The offense of the team’s All-Americans, Kristin Moyer and Jonalyn Delinger, as well as Mill Creek, PA native, Ashley Byler, out shot Dickinson in both periods, but were stopped through the particularly strong defense of their competition. Katie Moyer fended off the five shots on the Royals’ goal, to maintain the shut out match. The exciting win raised the EMU field hockey record to three and zero overall, and one and zero in the Old Dominion Athletic Conference.

By Kai Orenic  
Sports Editor

“Cross-country is a lot more exciting; you never know what it’s going to be like. The terrain, the courses, it’s more natural,” said Andrew Jenner.

Jenner, a former All Region runner on the Royals’ squad, ran track and cross-country in high school, before joining the men’s soccer team.

The terrain and variety may be the common bond for cross-country runners, but the similarities end there.

Eight kilometers of trails and a finish line are all that each course have in common.

As unique as its host school, a course can weave in and out of a college campus or climb hills and run through wooded areas. More rugged courses can include log jumps and even creek crossings.

The terrain will face a difficult course when it travels to Davis and Elkins College this Saturday for the Forest Festival Invitational. Elkins, West Virginia is nestled in the Appalachian Mountains and is one of only a few schools in the region whose course supports European style cross-country races. Its 8k course includes a stream that runners must cross four times and portions are regularly muddy.

“European style is much more rugged than anything we see in the U.S.” said Head Coach Lester Zook.

Elkins’ European style course is a throwback to the origins of cross-country. Modern day cross-country grew out of an English prep school activity where one boy would be designated a “fox”, and run through the fields dropping bits of paper as he went. His classmates would follow the paper trail and try to catch the fox. Other schools eventually picked up the game and it grew into an interscholastic sport in 1837.

The layout of a course can have a huge effect on the times runners register. In the season opener at Anne Arundel Community College (AACC) runners faced a relatively flat course. Consequently, final times were much faster than many races last year. Top runner Justin Hawkins finished the AACC course in 27:00.6. His personal best last year was 26:40.03. And that came in a race with a field of the region’s top runners. The terrain though muddy was well manicured and flat, as many championship courses are.

By Carlos Diaz

The Lure of the (Cross) Country

By Kai Orenic  
Sports Editor

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